

What

What is Selinsgrove Area Meals on Wheels? We are a group of people who have formed a non-profit organization for the purpose of providing hot meals for persons who are homebound, are recovering from surgery or illness, or find it difficult to prepare their own food.

What is provided? A nutritious hot noon meal is provided with a choice of several diets: low salt, diabetic, low fat, low cholesterol, etc.

Who

Who is served by this ministry? We serve persons who find it difficult to prepare meals in their home because of illness or physical limitation. Meals can be provided short or long term.

Where

Where is the meal provided?

A meal is delivered each day to the home, arriving during the late morning. Friendly volunteers deliver the meals, providing a daily contact.

Where is the Selinsgrove Area Meals on Wheels office located?

Our address is 129 North Market St. in Selinsgrove. We are located in the rear of the All Saints Episcopal Church.

What are the boundaries of our service area? Meals are delivered to persons living within the boundaries of the Selinsgrove Area School District.

When

When are the meals delivered?

Meals are delivered 5 days per week, Monday thru Friday, during the late morning.

There is no meal delivery on certain holidays and days with bad weather.

Cost

What is the cost of the meals?

Call our office for the cost per meal.

Are You Interested?

If you or a loved one are in need of meals please call our office at 570-374-6420 in the morning between 9 AM and noon, Monday through Friday. If there is no answer, please leave a message and we will happily return your call.

Contact Information:

Selinsgrove Area Meals on Wheels
129 North Market Street (Rear)
Selinsgrove, PA 17870

Phone: 570-374-6420

Email:
selinsgroveareaMOW@hotmail.com

Our volunteer drivers not only deliver a meal. They also provide a morning contact, a warm smile, and an ongoing friendship.

Great opportunities to help others seldom come, but small ones surround us every day.

Sally Koch

You never know what happiness a simple act of kindness will bring about.

Bree Abel

**Selinsgrove Area
Meals on Wheels
is funded by...**

**The Greater Susquehanna
Valley United Way**



and

Private Donations

**SELINGROVE
AREA
MEALS ON
WHEELS**

***A Ministry Serving
Persons In Need
In the
Selinsgrove Area***

